

Stacey Hines Bio

Stacey Hines is a Transformation Strategist & #TechBoss aka #balancedboss working with a multi-million dollar investment company. Her portfolio consists of 5 companies, including a foundation for at-risk youth: The Multicare Youth Foundation (MYF) where she supports them in strategic planning, technology development and mentorship training. She is the Chairman of two high impact companies that began as startups – Lifespan Spring Water and DRT Communications; both led by female founder CEOs. She is also the Director of a Tech Innovation startup, Innovate 10X where her focus is on supporting the expansion of global innovation across the region. She has created multiple transformation strategy programs that have allowed individuals, entrepreneurs, and corporate professionals to achieve their ultimate goals and the mindset to manage the challenges that may occur on the journey.

Stacey is the founder of Epic Transformation, an e-learning and consulting company where her focus is on helping individuals & businesses discover their potential to transform their lives through strategic planning and mindfulness principles. She coaches CEOs, Senior Managers and Business Owners on strategic thinking and planning as well as leadership development principles that they use to foster healthy leadership habits. She offers multiple online courses in life change and transformation based on her own journey after overcoming breast cancer, clinical depression and divorce. In 2018, she started The Balanced Lady Boss Show (podcast) to bring the well needed message on creating a life of balance as a ready resource for professionals in a time where stress and stress related illnesses are at an all time high.

Stacey is also is a Certified Mindset Transformation Coach and a High Performance Conscious Leadership Coach. She enjoys being a mother of 3 as well as a public speaker and author who practices yoga and meditation. Most recently Stacey has published her memoir 5 Year Love Affair and a collection of 52 Daily Motivation Cards – Epic Intentions. She continues to thrive towards living a life of purpose and impact while serving those who are on their own journey towards greatness.

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